

Primaterra

-- Home Page - Books & links --

Books & links

Our recommendations

María Andrés

Mis en ligne le Sunday 20 February 2005

Our recommendations

We have copies of these books available for perusal.

Gaia's garden. A guide to Home-Scale Permaculture.

Author: Toby Hemenway

ISBN: 1-890132-52-7

Contents:

1.The garden as ecosystem. 2.The pieces of the ecological garden. 3.Assembling the ecological garden.

This book describes a gardening system that combines the best of wildlife habitat, edible landscapes, and conventional flower and vegetable gardens into a self-renewing landscape that lets nature do most of the work.

Plants for a future. Edible & useful plants for a healthier world

Author: Ken Fern

ISBN: 1-85623-011-2

Contents:

This book describes edible and other useful plants, both native to Britain and Europe and from temperate areas around the world. It includes those suitable for: the ornamental garden, the lawn, shady areas, ponds, walls, hedges, agroforestry and conservation.

Food for Free

Author: Richard Mabey

ISBN: 0 00 220159 3

Contents:

Food for free explores the history and folklore of the wild foods as well as explaining how to identify them and the best ways to cook and eat them. Food for free is designed to inspire readers to take more notice of what is around them, how to make use of it and how to help conserve it.

Forest gardening

Author: Robert Hart

ISBN: 0 930031 84 9

Contents:

In this book, the author discusses gardening, agroforestry, permaculture, the environment, and what constitutes a proper diet. It is an inspiration for gardeners who aspire to create ecological as well as beautiful gardens.

How to make a forest garden

Our recommendations

Author: Patrick Whitefield

ISBN: 1 85623 008 2

Contents:

This book explains in detail permaculture design for temperate climates. It is a step-by-step guide to creating a food producing garden, using the ecological principles of a natural woodland.

Mulch it!

Author: Stu Campbell

ISBN: 1 58017 316 0

Contents: This book is a practical and complete guide to using mulch in the garden and landscape.

The woodland way

Author: Ben Law

ISBN: 185623 009 0

Contents:

A permaculture approach to sustainable woodland management.

Books in french:

L'agriculture naturelle

Author: Masanobu Fukuoka

ISBN: 2-85-707-311-9

Contents: Théorie et pratique pour une philosophie verte.

Ce sont les plantes qui sauvent les hommes

Author: François Couplan

ISBN: 2-259-19670-5

Contents: Récit consacré aux infinies ressources nutritives du monde végétal.

Fleurs sauvages

Author: Christopher Grey-Wilson

ISBN: 2-04-760035-9

Contents: Ce guide d'identification présente 500 espèces de fleurs d'Europe tempérée.

Épices, aromates et condiments

Authors: Marie-Pierre Arvy et François Gallouin

ISBN: 2-7011-3063-8

L'ouvrage comprend un ensemble de fiches consacrées chacune à une épice ou une famille d'épices, un aromate ou un condiment. Chaque fiche décrit la plante, son mode de culture, les principaux composés chimiques responsables de la typicité aromatique, les utilisations culinaires et les propriétés thérapeutiques.

Le Jardin au Naturel

Our recommendations

Authors: François Couplan et Françoise Marmy

ISBN: 2-04-019998-5

Contents:

Cet ouvrage s'adresse à toutes les personnes qui veulent faire entrer la nature dans leur jardin.

Books in spanish:

El huerto familiar ecológico

Author: Mariano Bueno

ISBN: 84-7901-367-2

Contents: Esta obra se centra en la posibilidad de producir por nosotros mismos alimentos básicos para una alimentación sana, haciéndolo de la forma más ecológica y saludable.